

RESEARCH ABOUT

OLDER ADULTS IN ARGENTINA



NATIONAL
SURVEY



CRUZ ROJA
ARGENTINA

OBSERVATORIO
HUMANITARIO 



INTRODUCTION

We present below the results of the national study about Older Adults in Argentina.

The study was conducted following the next objectives:

- 1** To evaluate their general state of health and the consequences of the pandemic on this population
- 2** To identify their recreational activities
- 3** To measure how satisfied they are with their life
- 4** To identify the percentage of older adults who suffer some type of social abuse



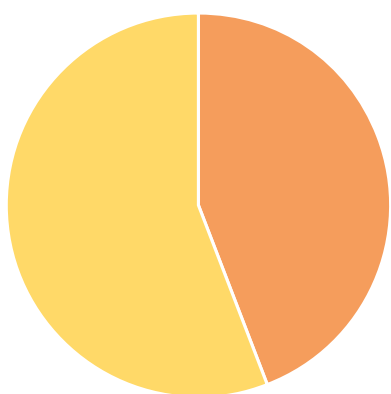
Furthermore, the results were analyzed according to the main sociodemographic variables (gender, age, socioeconomic status, and region within the country)

This survey is part of a broader research carried out by the Humanitarian Observatory of the Argentine Red Cross. The following analysis is based on **Older Adults over 60 years old living in Argentina.**



SAMPLE PROFILE

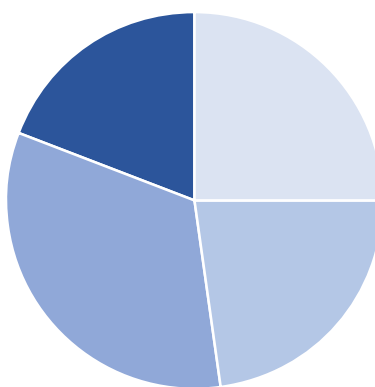
GENDER



56%
FEMALE

44%
MALE

AGE



25%
FROM 60 TO 64

23%
FROM 65 TO 69

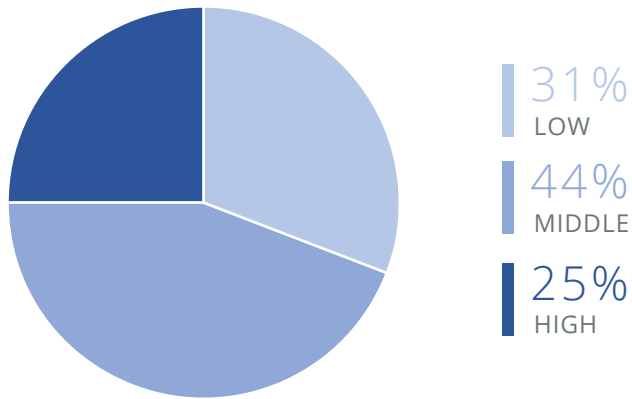
33%
FROM 70 TO 80

19%
81 OR MORE

BASE: TOTAL POPULATION SURVEYED

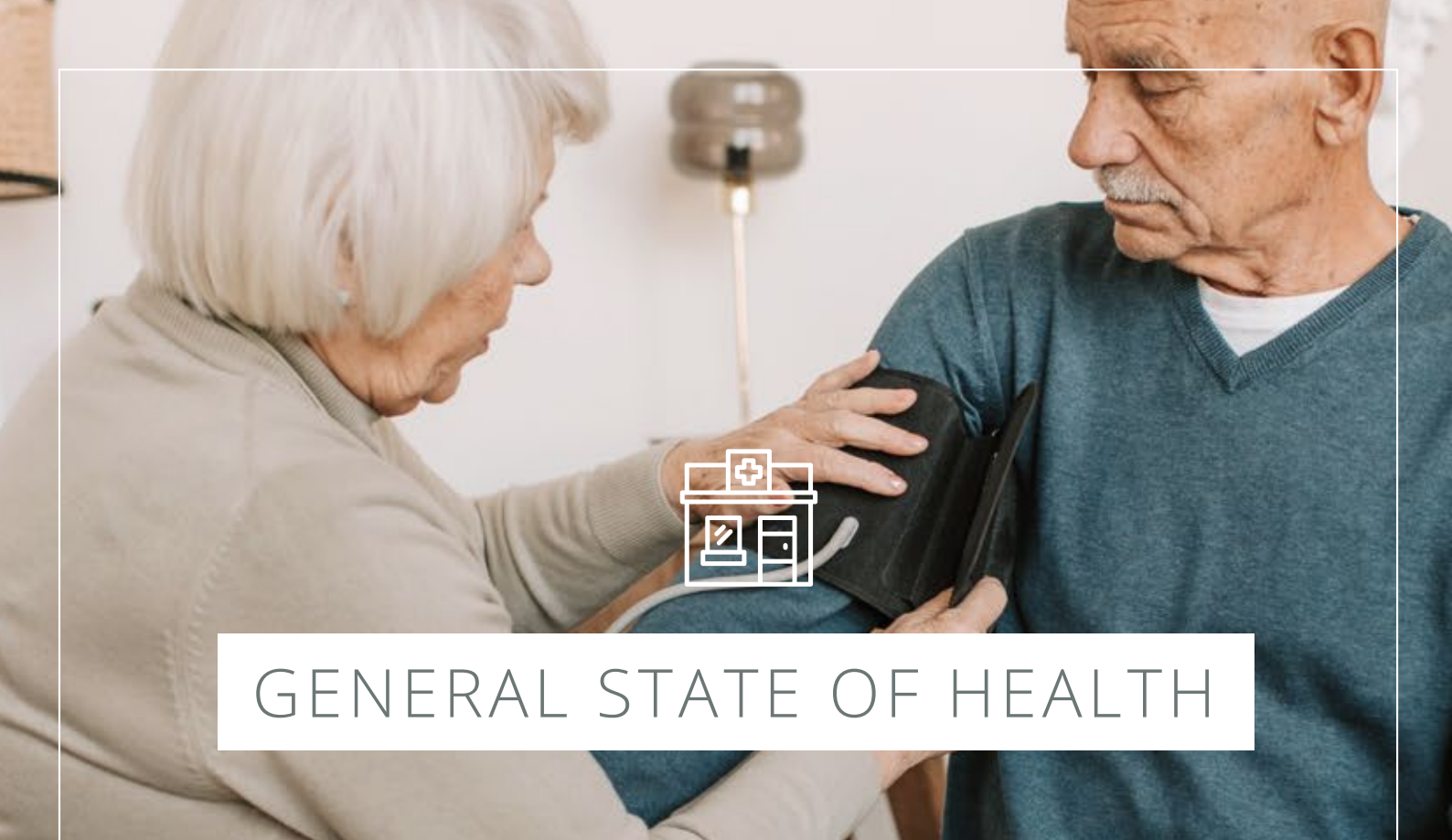


SOCIOECONOMIC STATUS



Residence area	%
AMBA	35%
Center	33%
Cuyo	7%
NEA	12%
NOA	12%
Patagonia	1%

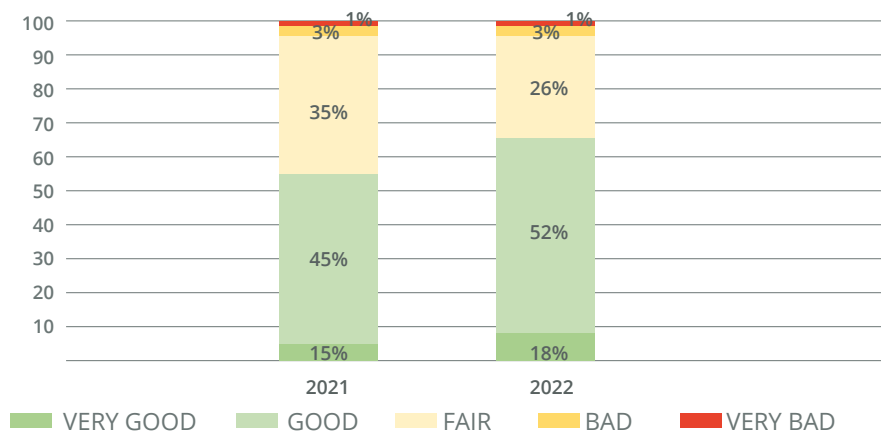
BASE: TOTAL POPULATION SURVEYED



GENERAL STATE OF HEALTH

GENERAL STATE OF HEALTH ASSESSMENT

■ How would you describe your general state of health?



	Age				Status			Region					¿Has Children?		
	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia	Yes	No
Very Good	27	18	13	14	14	15	26	16	21	19	23	9	0	17	21
Good	56	54	50	46	45	57	51	48	55	48	58	47	0	52	52
Fair	14	25	32	33	32	25	20	30	21	29	16	35	0	26	25
Bad	2	3	3	6	5	3	1	3	2	3	2	8	0	3	3
Very Bad	2	0	3	0	3	0	2	3	1	0	0	1	0	2	0
Non-response	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0
POSITIVE	82	72	63	60	60	72	77	64	76	67	81	56	0	69	72
FAIR	14	25	32	33	32	25	20	30	21	29	16	35	0	26	25
NEGATIVE	4	3	6	6	8	3	3	6	3	3	2	9	0	5	3

BASE: TOTAL POPULATION SURVEYED



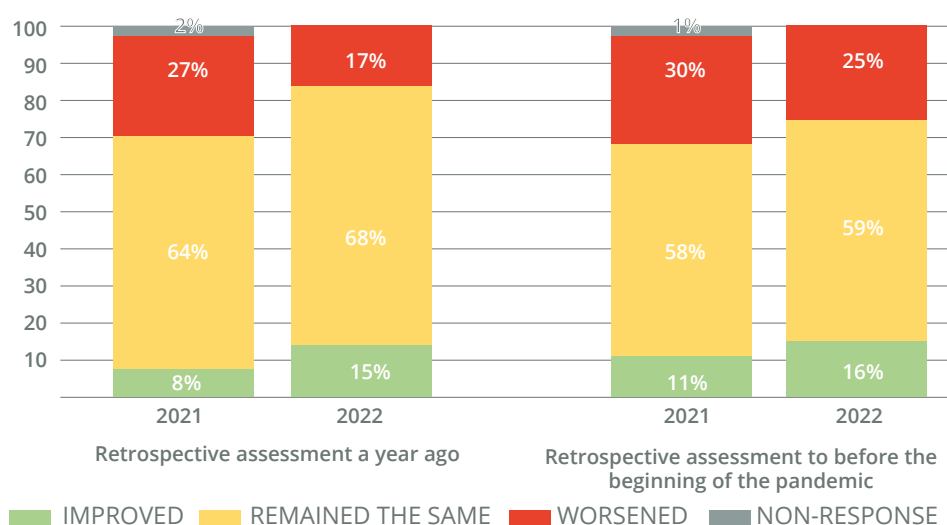
RETROSPECTIVE ASSESSMENT ON STATE OF HEALTH

■ A year ago:

Considering last year, would you say your state of health...?

■ Before the pandemic:

Considering your situation before the beginning of the pandemic, would you say your state of health...?



■ A year ago:

Considering last year, would you say your state of health...?

	Age				Status			Region					
	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Improved	16	15	14	13	16	15	13	12	17	14	25	9	0
Remained the same	73	72	65	62	65	66	75	68	67	72	64	71	100
Worsened	11	13	21	24	18	19	12	20	16	12	10	20	0
Non-response	0	0	0	0	1	0	0	0	0	1	2	0	0

BASE: TOTAL POPULATION SURVEYED

■ Before the beginning of the pandemic:

And considering your situation before the beginning of the pandemic:

Would you say your state of health...?

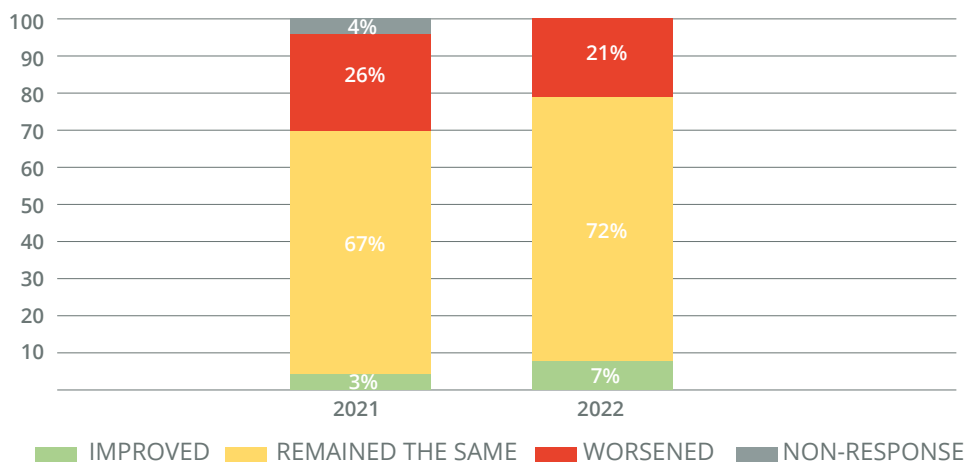
	Edad				Status			Region					
	60 to 64	65 to 69	70 to 80	86 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Improved	19	17	15	14	19	16	13	13	20	16	25	10	0
Remained the same	65	66	57	47	52	59	68	53	59	67	64	65	100
Worsened	16	18	28	39	29	25	19	34	21	16	12	26	0
Non-response	0	0	0	0	0	0	0	0	0	1	0	0	0

BASE: TOTAL POPULATION SURVEYED



RETROSPECTIVE ASSESSMENT ON THE ABILITY TO REMEMBER

- Considering your situation before the beginning of the pandemic: Would you say your ability to remember things...?

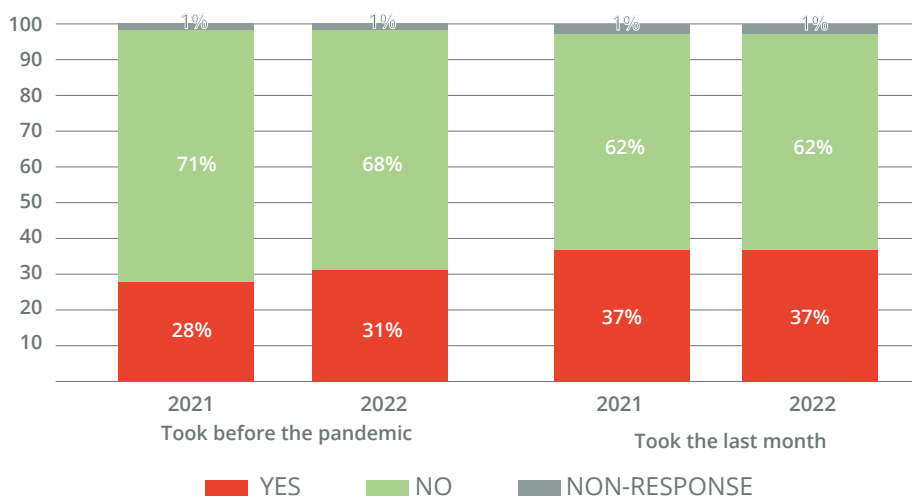


BASE: TOTAL POPULATION SURVEYED



INTAKE OF TRANQUILIZERS, ANXIOLITYCS OR SEDATIVES

- **Before the pandemic, did you take any tranquilizer, anxiolytic or sedative to help you calm your nerves or help you sleep?**
- **During the last month, did you take any tranquilizer, anxiolytic or sedative to help you calm your nerves or help you sleep?**



BASE: TOTAL POPULATION SURVEYED

- **During the last month, did you take any tranquilizer, anxiolytic or sedative to help you calm your nerves or help you sleep?**

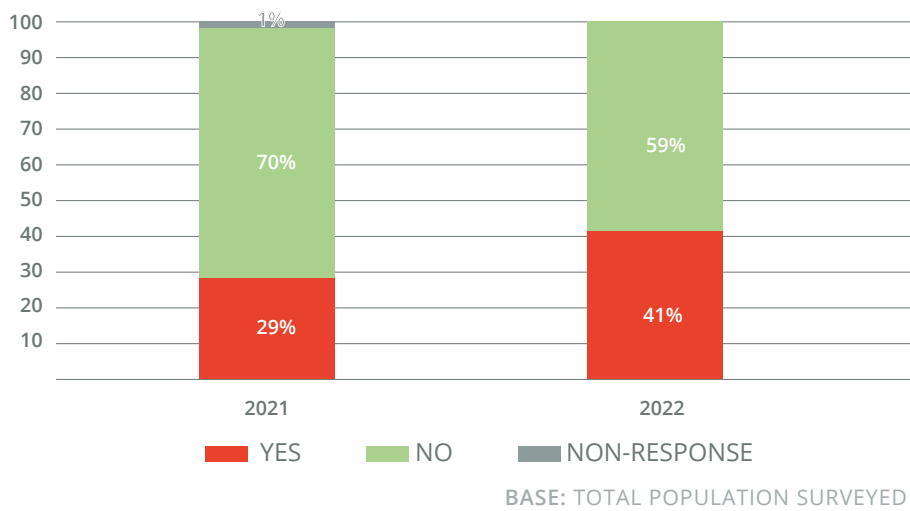
	Gender		Age				Status			Region					
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Yes	44	32	24	35	41	53	44	37	30	40	42	41	28	23	31
No	56	67	76	65	59	45	56	62	62	59	58	55	72	76	69
Non-response	1	1	0	0	1	3	1	1	1	1	0	4	0	1	0

BASE: TOTAL POPULATION SURVEYED



INTAKE OF OTHER MEDICATION

- During the last month, did you take any other medicine without medical indication (For blood pressure, angina, flu, the heart, etc.)?



- During the last month, did you take any other medicine without medical indication (For blood pressure, angina, flu, the heart, etc.)?

	Gender		Age				Status			Region					
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Yes	40	41	44	41	42	36	46	39	37	33	37	36	43	70	100
No	59	58	56	59	58	64	53	61	63	67	63	61	56	30	0
Non-response	0	0	0	0	0	0	0	0	0	0	0	3	0	0	0



HEALTH PROBLEMS

Multiple choice question

- During the last year, did you experience any of the following health problems?

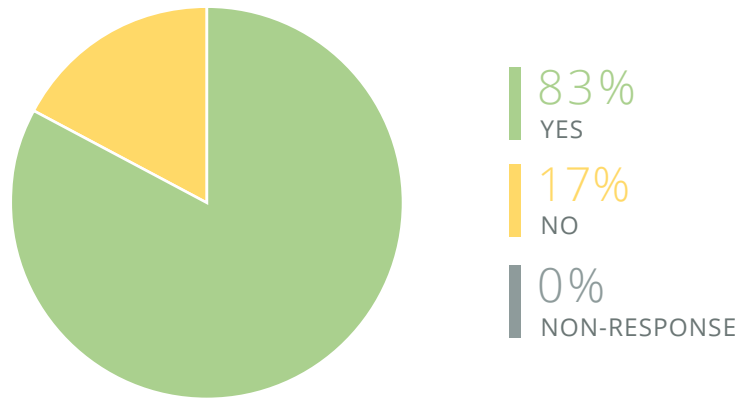
	2022	Gender		Age				Status		
		Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High
High pressure	40	41	40	29	41	43	51	52	41	25
Cholesterol	20	20	20	13	22	22	23	20	19	20
Digestive problems	16	22	23	24	22	22	27	19	14	17
Bone problems	15	18	23	18	18	24	27	21	13	14
Diabetes	13	14	13	12	10	15	16	17	14	9
Heart problems	13	12	14	6	15	17	14	15	15	9
Anguish	12	25	30	26	27	28	38	16	9	14
Anxiety	12	23	23	25	22	23	22	14	10	13
Insomnia	12	19	22	22	20	20	20	11	13	10
Arthritis	11	16	7	3	8	12	21	18	8	6
Depression	8	12	4	3	7	12	8	9	8	6
Cataract	7	9	7	2	8	8	13	11	7	3
Kidney problems	3	2	4	2	2	3	6	6	1	4
Stroke or Cerebrovascular Disease	3	4	2	1	3	4	2	5	1	3
Other	13	14	12	8	15	17	9	12	15	11
None	19	14	23	34	19	13	9	12	18	29
Prefer not to answer	2	2	2	1	1	3	4	4	2	1

PERCENTAGES DO NOT ADD UP TO 100% BECAUSE IT IS A MULTIPLE QUESTION
BASE: TOTAL POPULATION SURVEYED



MEDICAL STUDIES DURING LAST YEAR

■ During the last year, have you had any type of medical consultation or study?



BASE: TOTAL PERSONAS ENTREVISTADAS

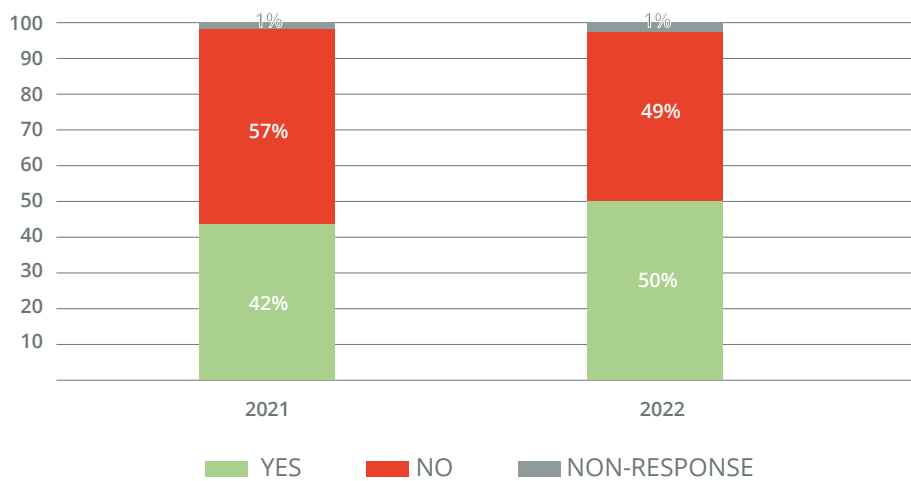
	Gender		Age				Status			¿Has children?	
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	Yes	No
Yes	80	85	78	84	85	84	79	83	86	84	72
No	20	15	22	16	15	16	21	16	14	16	27
Non-response	0	0	0	1	0	0	0	0	0	0	0



FREE TIME

PHYSICAL ACTIVITY

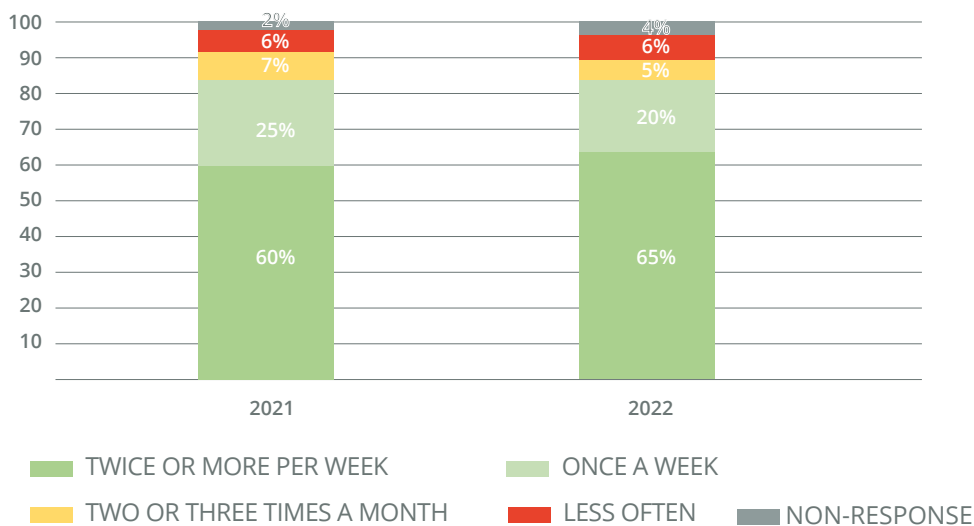
- During the last month, did you jog, run, swim, dance, or did you do any sports, gymnastics, yoga, or any other physical activity?



BASE: TOTAL POPULATION SURVEYED



■ How often do you do physical activity?



BASE: TOTAL POPULATION SURVEYED THAT PRACTICE SOME PHYSICAL ACTIVITY

■ During the last month, did you jog, run, swim, dance, or did you do any sports, gymnastics, yoga, or any other physical activity?

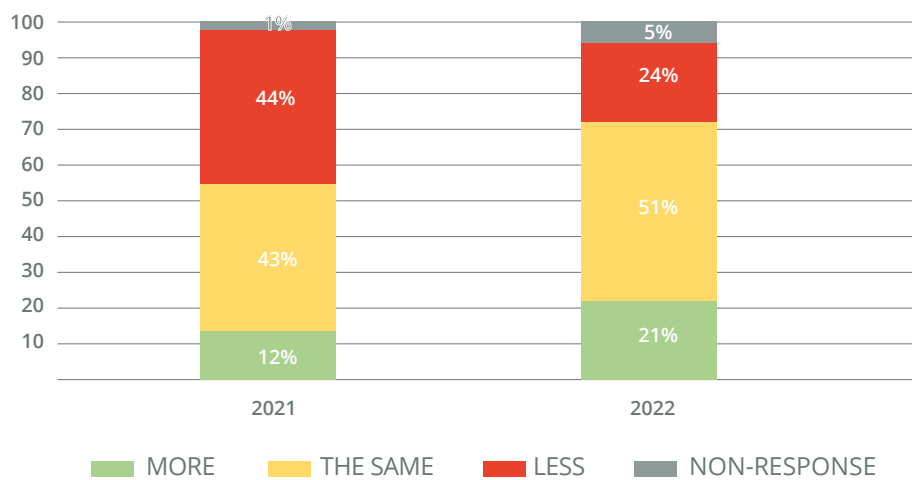
	Gender		Age				Status			Region					¿Has Children?		
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia	Yes	No
Yes	49	51	57	49	51	41	40	53	58	57	48	62	22	57	0	51	44
No	50	48	42	51	49	58	58	47	41	42	52	38	74	43	100	49	54
Non-response	1	1	1	1	1	1	2	0	1	1	0	1	4	0	0	1	2

BASE: TOTAL POPULATION SURVEYED



RETROSPECTIVE ASSESSMENT ON THE AMOUNT OF PHYSICAL ACTIVITY

- Would you say that now you do more, the same or less physical activity than before the pandemic?

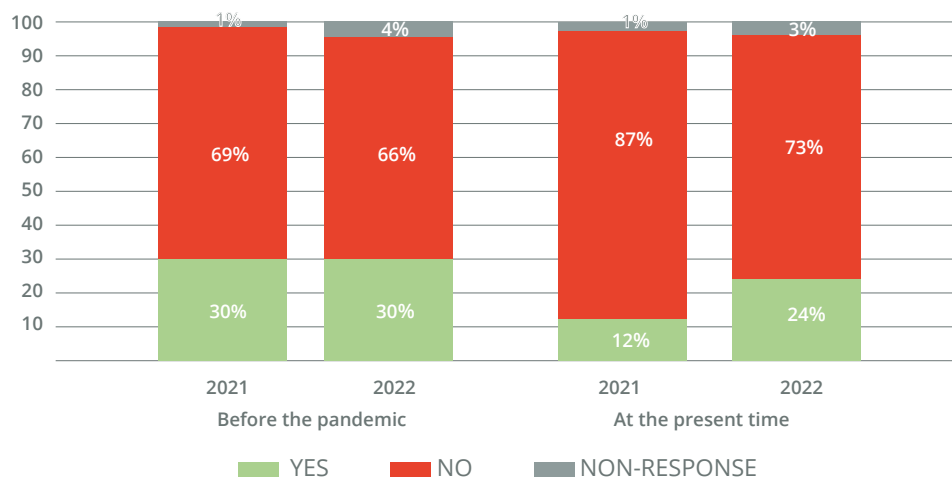


BASE: TOTAL POPULATION SURVEYED THAT PRACTICE SOME PHYSICAL ACTIVITY



ARTISTIC ACTIVITIES

- **Before the pandemic**, did you go to any group or workshop to make crafts, handcrafts (not for selling), or other artistic activity?
- **At the present time**, do you go to any group or workshop to make crafts, handcrafts (not for selling), or other artistic activity?



BASE: TOTAL POPULATION SURVEYED

- **Before the pandemic**, did you go to any group or workshop to make crafts, handcrafts (not for selling), or other artistic activity?

	Gender		Age				Status			Region					
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Yes	27	32	30	35	25	31	25	31	34	31	27	29	29	35	0
No	71	63	64	62	71	67	73	64	62	65	68	68	66	62	100
Non-response	3	6	7	3	4	2	2	6	4	4	5	3	4	4	0

- **At the present time**, do you go to any group or workshop to make crafts, handcrafts (not for selling), or other artistic activity?

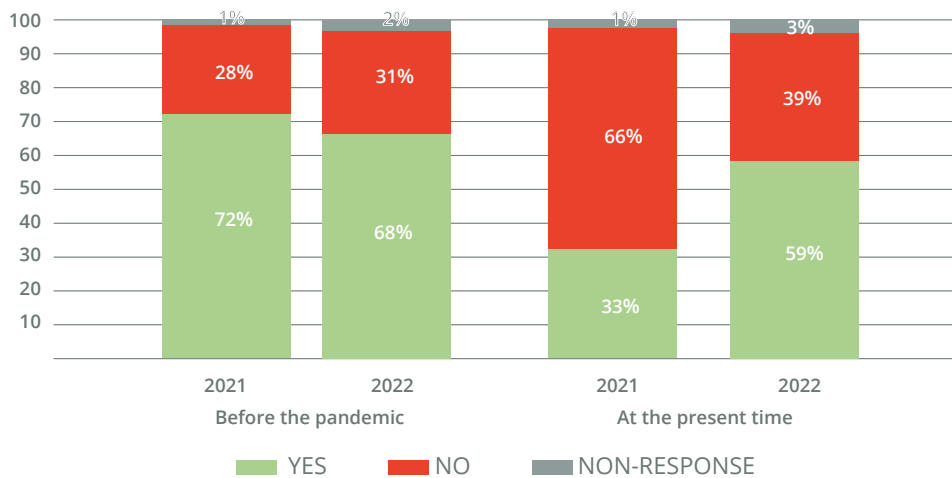
	Gender		Age				Status			Region					
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Yes	23	24	23	25	23	23	18	23	31	28	18	21	22	29	0
No	75	72	73	73	74	74	79	73	66	71	77	77	74	67	100
Non-response	2	4	4	2	3	3	3	4	2	1	5	2	4	3	0

BASE: TOTAL POPULATION SURVEYED



SOCIAL BONDS

- **Before the pandemic, did you get together with friends to talk, to have coffee and/or eating something?**
- **At the present time, do you get together with friends, either in person or virtually, to talk, to have coffee and/or eating something?**



BASE: TOTAL POPULATION SURVEYED

- **Before the pandemic, did you get together with friends to talk, to have coffee and/or eating something?**

	Gender		Age				Status			Region					
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Yes	68	68	65	68	68	70	68	69	66	74	59	73	70	67	100
No	31	30	33	30	30	29	31	29	32	25	38	27	26	34	0
Non-response	1	2	1	2	2	1	1	2	2	1	2	1	4	0	0

- **At the present time, do you get together with friends, either in person or virtually, to talk, to have coffee and/or eating something?**

	Gender		Age				Status			Region					
	Male	Female	60 to 64	65 to 69	70 to 80	81 or more	Low	Middle	High	AMBA	Center	Cuyo	NEA	NOA	Patagonia
Yes	60	57	62	60	54	60	54	60	61	60	54	65	60	50	100
No	39	39	37	38	44	35	43	37	38	37	44	34	37	40	0
Non-response	1	4	1	3	2	6	3	3	2	3	3	1	3	1	0

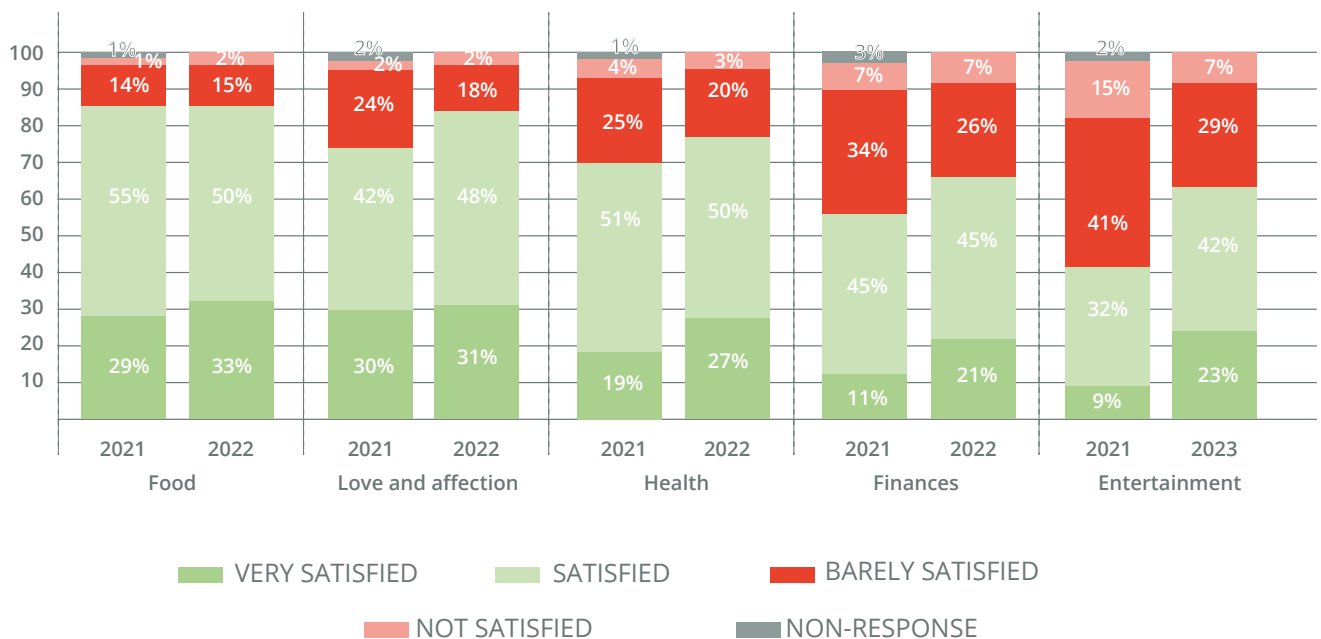
BASE: TOTAL POPULATION SURVEYED



GENERAL SATISFACTION

SATISFACTION WITH THE DIFFERENT ASPECTS OF LIFE

■ In the last 6 months, you would say that your... needs have been very, fairly, or not at all satisfied?

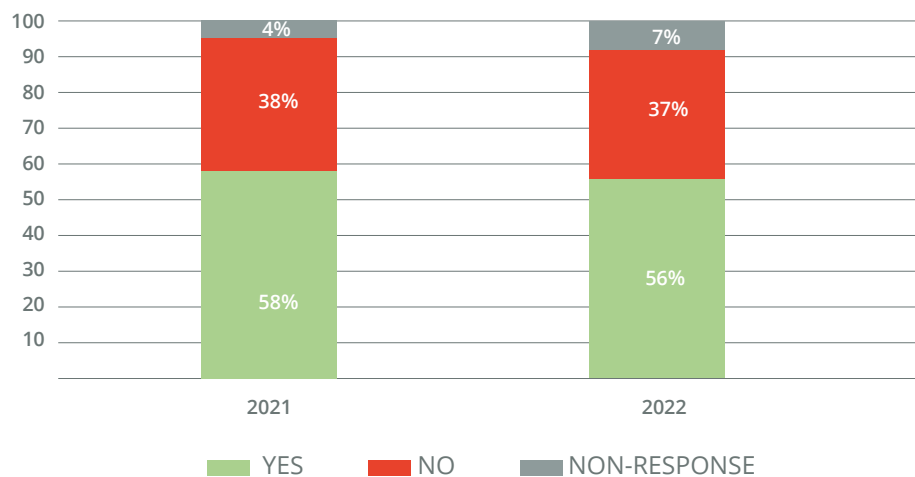


BASE: TOTAL POPULATION SURVEYED



INCOME REACH

■ Regarding your income, is it enough to cover your needs?

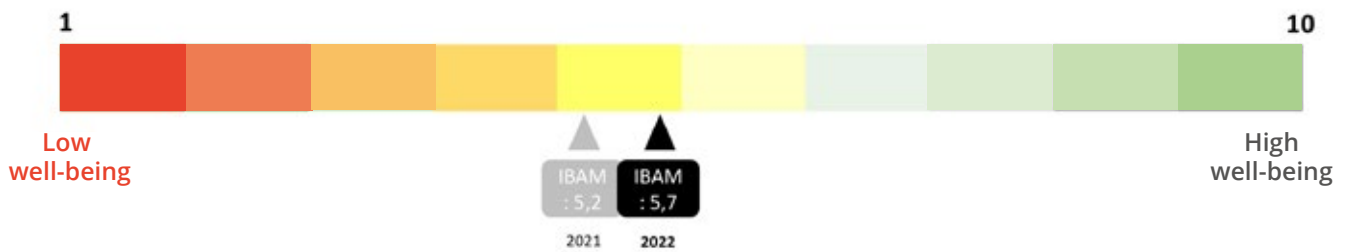


BASE: TOTAL POPULATION SURVEYED



OLDER ADULT WELL-BEING INDICATOR (IBAM, BY ITS SPANISH ACRONIM)

It shows the quality of life or well-being of this population, on a scale from 1 to 10, where 1 is the lowest and 10, the maximum.



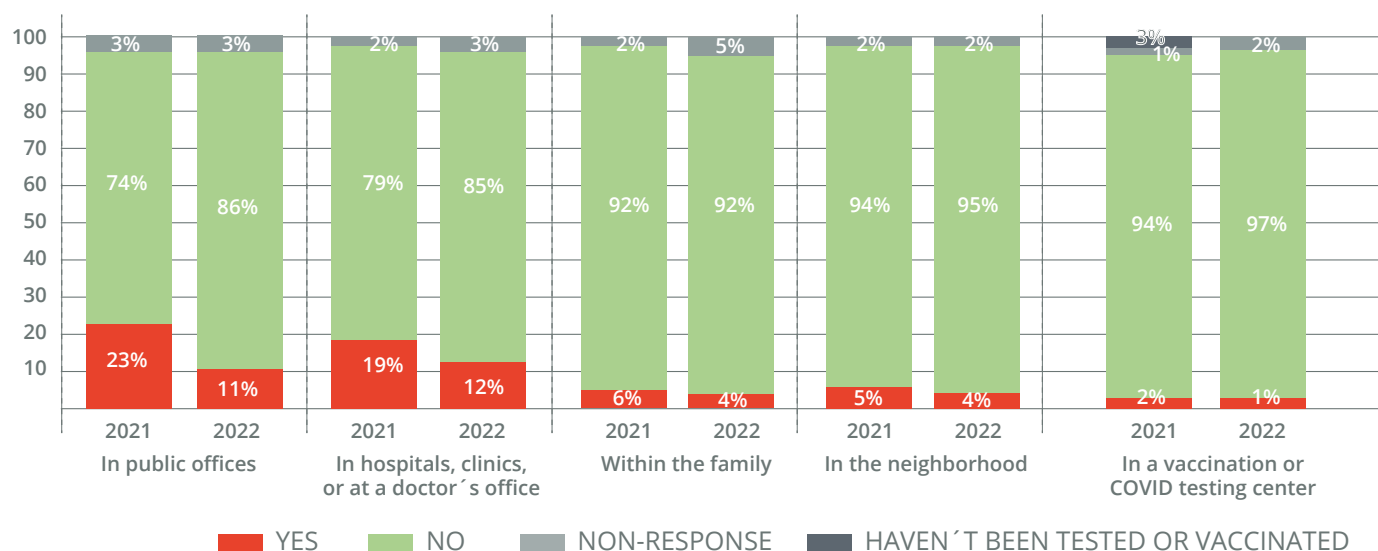
Age				Status		
60 to 69	70 to 75	76 to 85	86 or more	Low	Middle	High
5,9	5,8	5,6	5,4	5,6	5,6	6,0



SOCIETY'S TREATMENT

SOCIAL MISTREATMENT

■ Have you felt mistreated for being an older adult?



BASE: TOTAL POPULATION SURVEYED

37% 2021

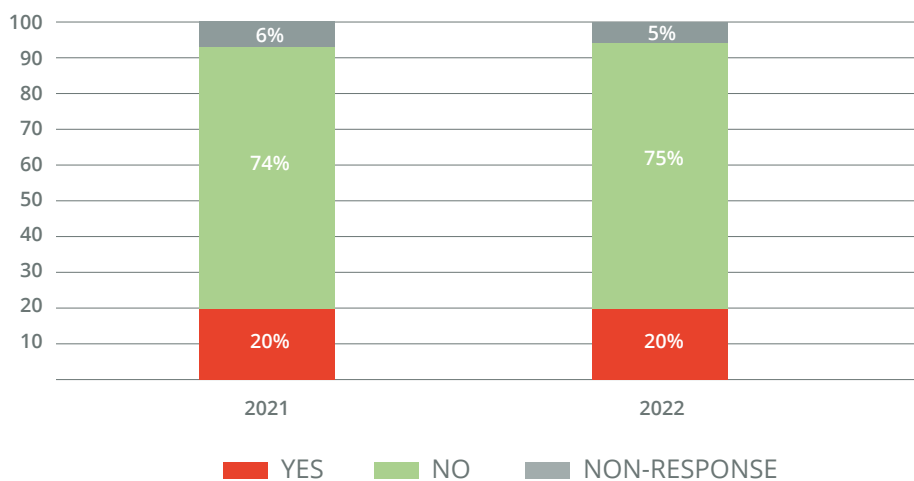
18% 2022

37% in 2021, 18% in 2022, said that they felt mistreated, in at least one place, just for been an older adult.



FEELING FORGOTTEN

■ Do you feel forgotten by others just for being an older adult?



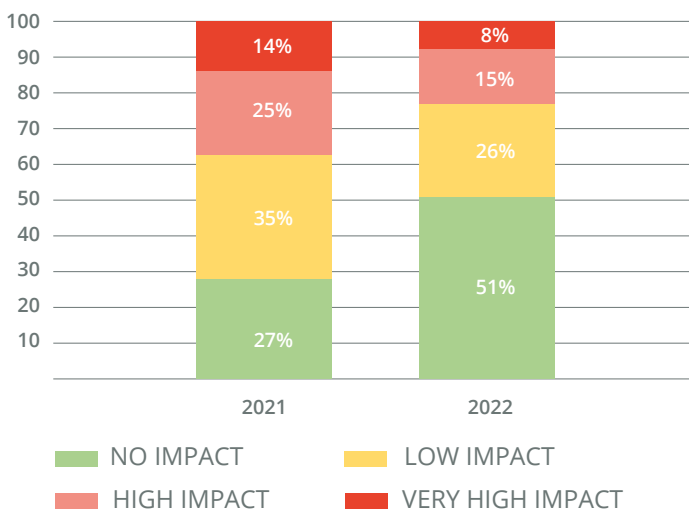
BASE: TOTAL POPULATION SURVEYED



THE IMPACT OF THE PANDEMIC ON THE POPULATION

VULNERABILITY AND THE IMPACT OF THE PANDEMIC ON OLDER ADULTS

From the answers, an indicator has been created that allows us identifying the percentage of older adults that suffered some type of physical, emotional, social or health impact caused by the pandemic.



49%

of older adults said to have suffered some level of impact caused by the pandemic. (73% in 2021)

23%

of older adults said to have suffered a high or very high impact in a physical, emotional, social or health aspect caused by the pandemic. (38% in 2021)

BASE: TOTAL POPULATION SURVEYED



CONCLUSIONS

- 1 Returning to normal circumstances in social, work and health life, surveyed people showed an improvement in their current general state of health. However, the use of tranquilizers, anxiolytics or sedatives remained stable, and the intake of other remedies increased compared to 2021.
- 2 There was an increase in older adults who performed some physical activity during the last month and encounters with friends were resumed: last year, only a third mentioned that met with friends and now that rate rises to 59%.
- 3 Surveyed people have recognized an increase in their level of satisfaction, especially regarding economic needs and entertainment in the last six months.



4. Nearly 2 out of 10 surveyed people said that they felt mistreated, in at least one place, for being older adults. It means a 50% reduction compared to last year.

5. In consequence, the Older Adult Well-being Indicator (IBAM) moves from 5.2 to 5.7 on a scale from 1 to 10, being higher among middle and high status and among those who are under 69 years old. Likewise, the percentage of people who suffered some type of physical, emotional, social or health impact caused by the pandemic fell from 38% in 2021 to 23% in 2022.



DATA SHEET



Studied population:
Adults over 60 years of age.



Type of survey:
Mixed Mode (By phone, In person or Online).



Methodology:
By phone with the older adults with whom the Argentine Red Cross has relation, random sampling in person near the Argentine Red Cross delegations, and online with Argentine Red Cross students who live with older adults.



Sample characteristics:
The field operation was deployed in 20 provinces across the country.



Number of surveys: 1416 cases.



Statistical error:
Statistical error is not calculated because it is not a probabilistic sample. As an informative data, a probabilistic sample with this number of surveys has a +/- 2.7% margin of error for a trust level of 95%.



Date of the field operation:
From March 4th to March 20th 2022.



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REASERCH ABOUT

OLDER ADULTS IN ARGENTINA

