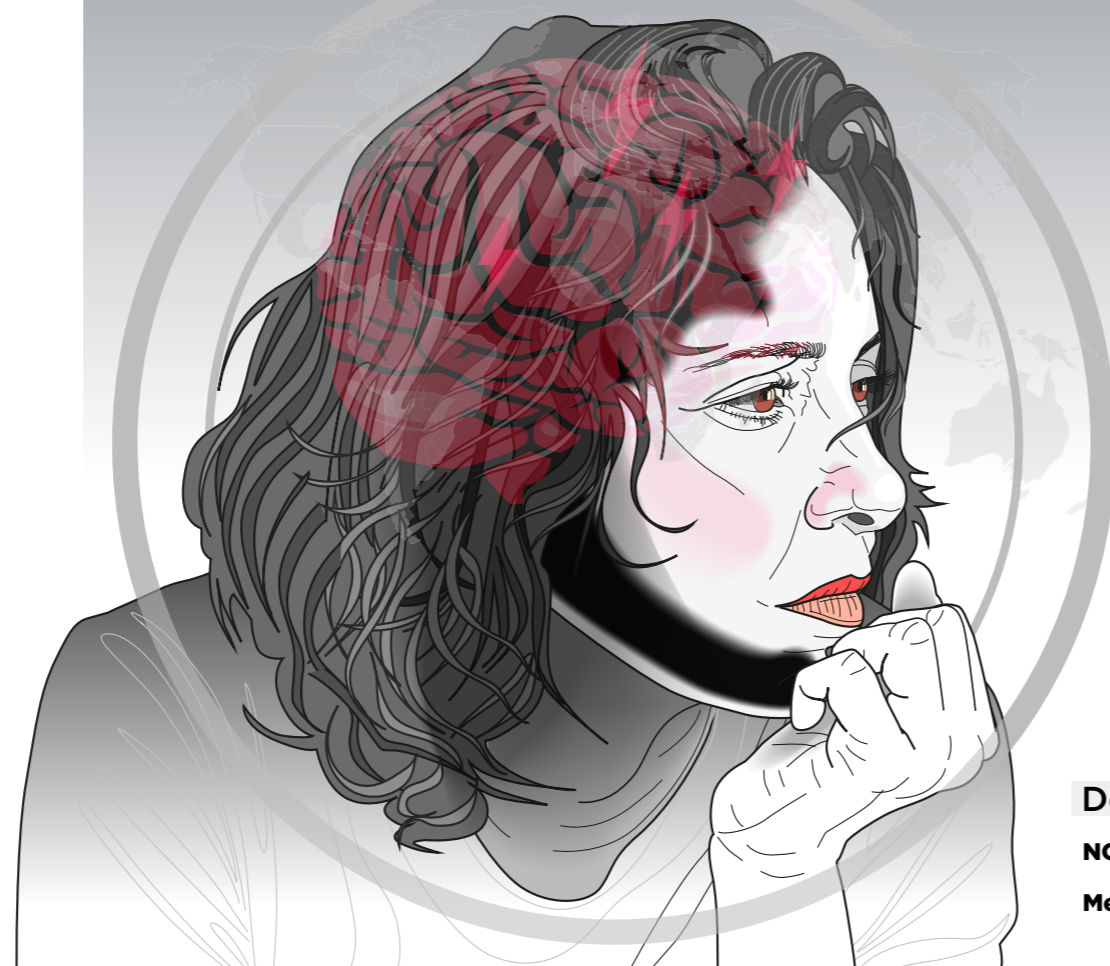


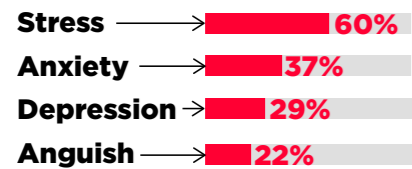
Mental Health Module

STRESS DEPRESSION ANGUISH

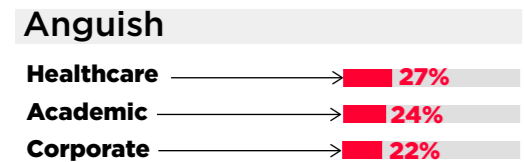
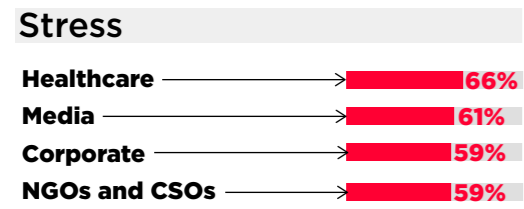


NUMBER OF SURVEYS → 16.027

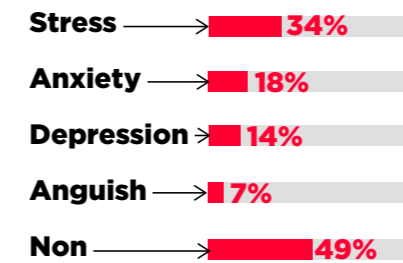
1 Subjective perceptions of mental health state during the pandemic:



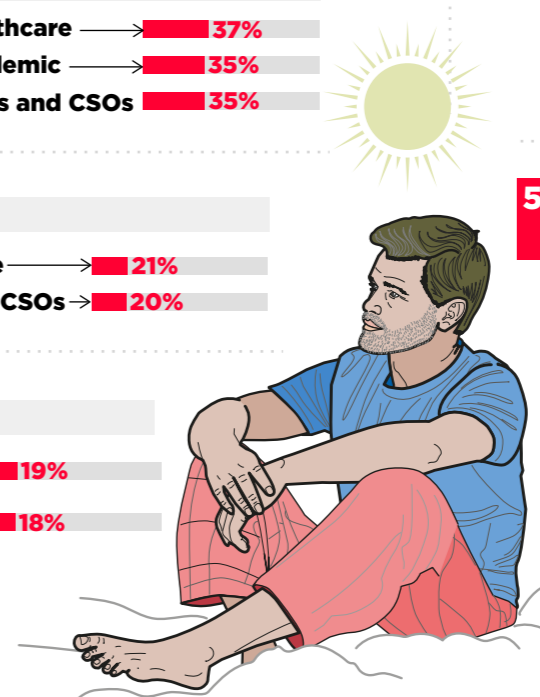
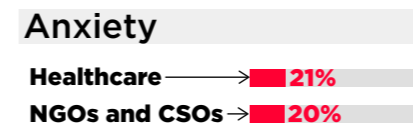
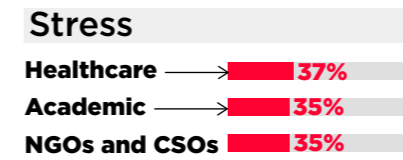
MOST AFFECTED SECTORS



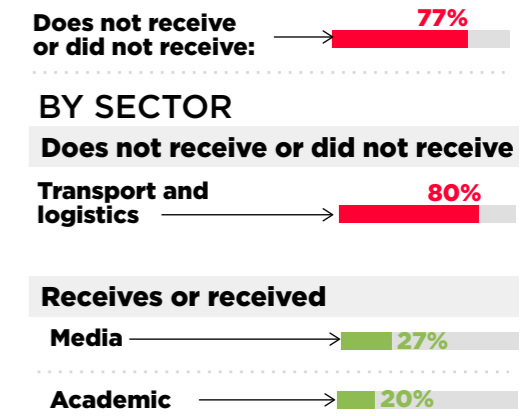
2 Subjective perceptions of mental health state today (May 2023)



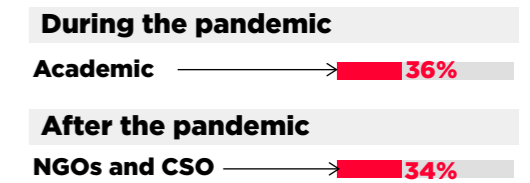
MOST AFFECTED SECTORS



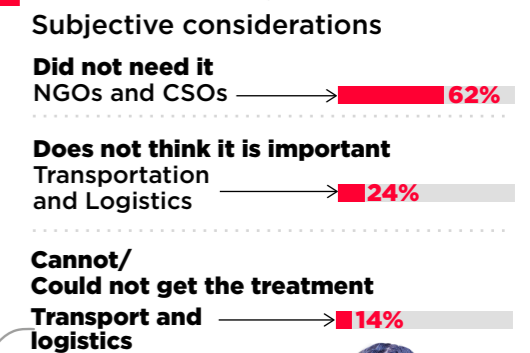
3 Psychological or psychiatric treatment



4 Moments when treatment was received



5 Reasons for not receiving treatment



RECOMMENDATIONS



A Continue working on prevention and promotion. Psychoeducation (through virtual, in person or hybrid campaigns) about general interest topics turns out to be highly positive on people.



B Emphasize suicide prevention by working with protection factors and their guidelines, as proposed by various organizations such as WHO, PAHO, and IFRC.



C To work in all the regions and sectors on the promotion of mental health, supporting the eradication of stigmatization and prejudices surrounding mental health disorders and the affected individuals. This work should be carried out in the communities, in an interdisciplinary manner, led by mental health professionals, and based on programs of organizations dedicated to this cause.



Pakistan Red Crescent



CRUZ ROJA ARGENTINA