GLOBAL RESEARCH: INSIGHTS GAINED BY STRATEGIC SECTORS DURING THE PANDEMIC LESSONS LEARNED FOR FUTURE EMERGENCIES

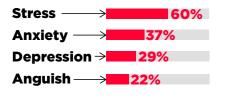
16.027 surveys carried out in 90 countries. From 31 March to 28 May 2023







1 Subjective perceptions of mental health state during the pandemic:



MOST AFFECTED SECTORS

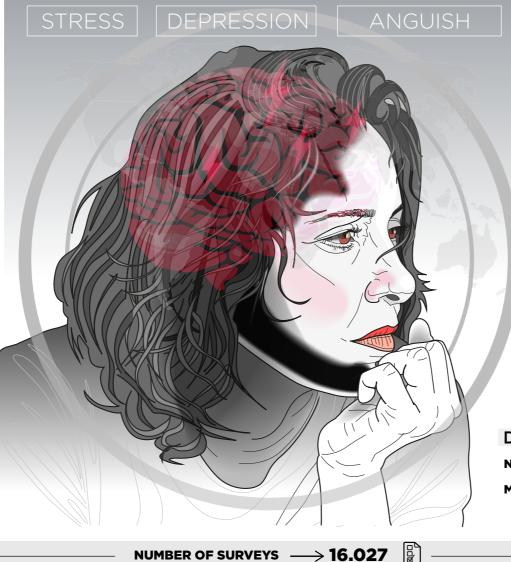
Stress		
Healthcare —		66%
Media —	\longrightarrow	61%
Corporate —		59%
NGOs and CSOs —	\rightarrow	59 %

Anxiety		
Healthcare —	\longrightarrow	41%
Academic —	\longrightarrow	40%
NGOs and CSOs ——	\rightarrow	37 %

Depression		
Academic ——	349	%
NGOs and CSOs	31%	6
Transport and _ logistics	30%	6

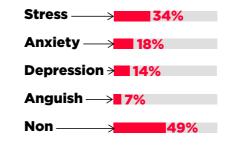
Anguish	
Healthcare ———	→ 27 %
Academic ———	→ 24%
Corporate ———	→ 22%

Mental Health Module



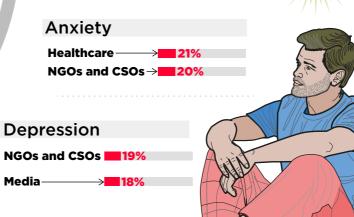
2 Subjective perceptions of mental health state today

(May 2023)



MOST AFFECTED SECTORS





Psychological or psychiatric treatment

Does not receive or did not receive:	77%
BY SECTOR Does not receive or di	d not receive
Transport and logistics	80%
Receives or received	
Academic	27%

Moments when treatment was received

During the pandemic		
Academic —	→ 36%	

After the pandemic NGOs and CSO -

Reasons for not receiving treatment

Subjective considerations Did not need it

NGOs and CSOs

Does not think it is important Transportation and Logistics

Cannot/ **Could not get the treatment** Transport and logistics



Pakistan Crescent



Continue working on prevention and promotion. Psychoeducation (through virtual, in person or hybrid campaigns) about general interest topics turns out to be highly positive on people.

RECOMMENDATIONS



Emphasize suicide prevention by working with protection factors and their guidelines, as proposed by various organizations such as WHO, PAHO, and



To work in all the regions and sectors on the promotion of mental health, supporting the eradication of stigmatization and prejudices surrounding mental health disorders and the affected individuals. This work should be carried out in the communities, in an interdisciplinary manner, led by mental health professionals, and based on programs of organizations dedicated to this cause.



